

✿ Japanese Restaurant Salad Dressing ✿

from Harmony at Nourishing Nirvana



Ingredients

- 1 cup chopped carrots
- 1/2 cup chopped sweet onion
- 3 pitted medjool dates
- 2 TBS diced celery (about 1 rib)
- 1 TBS tahini
- 1 TBS white miso
- 1 TBS grated ginger
- 1 TBS rice vinegar
- 1/2 cup water

Method

- Add love 💕 and blend all ingredients in a high powered blender. It's important for this recipe to have a high speed blender such as a Vitamix! The result will be creamy and smooth.

Makes about 4 cups. Enjoy!